Scales and Scale Shapes

A. Basic Scale Perpetual Motion exercise

B. All Mode Exercise

C. Rhythmic Syncopation-play 2 octaves ascending and descending
G. 4th Shapes

H. 6th Shapes

I. Quartal Shapes

J. Arpeggiated Seventh Chord Shapes

J1 Arpegiated 7ths

J2 Reversed Arpeggiated 7ths

J3 Reversed Arpeggiated 7ths w/leading tone